

Prognostic Calculator

Compare your performance against a National Prognostic Time (Elite) or Time Standard for Schools and Masters rowers.

To view this interactive calculator use the following links:

- Projected 2000m ergometer time from 20 minute timed piece
- Prognostic Calculator - Masters Scullers
- Prognostic Calculator - Elite, Schools and Juniors
- Prognostic Calculator - Masters Crews

You can also download the underlying Prognostic Times from [here](#).